

**PUBLIC
SERVICE
ANNOUNCEMENT**

PARENTS:

Do Not Mix Fluoridated Water With Infant Formula

While the New Jersey legislature contemplates mandatory fluoridation for the entire State, here is a look at the current recommendation for what a doctor can prescribe and what a fluoridation program will deliver:



INFANTS: 0 to 6 months of age*

Parents are warned to **NOT** use fluoridated tap water to mix Infant formula.

Mandatory Fluoridation: 250 times the amount found in breast milk



TODDLERS: 6 months to 3 years of age*

Doctors in non-fluoridated communities cannot prescribe more fluoride than the amount found in one cup of fluoridated water per day.

Mandatory Fluoridation: 4 times the amount a doctor can prescribe



CHILDREN: 3 years to 6 years of age*

Doctors in non-fluoridated communities cannot prescribe more fluoride than the amount found in two cups of fluoridated water per day.

Mandatory Fluoridation: 2 times the amount a doctor can prescribe

Predicament

Controlling the amount of fluoride exposure among children across varied age groups. Fluoride cannot be removed by simple filtration. The cost of removal and the purchase of alternative water sources is expensive.

Solution

Read more on the website below, where you can decide for yourself. If you have any questions, please consult with your doctor.



Notice: Information does not constitute health or medical advice. Informational purposes only.

*American Dental Association and American Academy of Pediatrics recommends limiting fluoride supplements and infant formula mixed with fluoridated tap water because of the occurrence of dental fluorosis: the interference with normal development of tooth enamel that results in permanent bright white spots, brown staining, mottling, and fracture prone teeth from fluoride exposures during developmental years.

For free information, visit:
NewJerseyWaterEducation.com